

GUELPH STORM SUMMER CONDITIONING CAMP

OUR PURPOSE

1. To have the opportunity to train and prepare bantam and midget aged players for the upcoming 2009/2010 hockey season.
2. To give local (Guelph) area coaches and players the opportunity to work with OHL coaches during set ice times.
3. To respectfully and professionally represent the Guelph Storm Hockey Club in the local and surrounding community.

CAMP ADMISSION AND PLAYER ABILITY

All players are welcome to apply.

Applications for the 2009 Guelph Storm Summer Conditioning Camp will be accepted from Guelph Minor Hockey only during the week of April 24 to May 1, 2009. All other applicants are welcomed to apply after May 1, 2009. Preference will be given but not limited to 'AAA' caliber players

COACH MENTORING

Guelph Minor Hockey coaches are welcomed to assist the Guelph Storm Coaching Staff in the on ice direction of players. Contact Dave Milek if interested (contact info on back)

DATES OF CAMP

July 19, 2009-August 15, 2009

Week 1: July 20/22/23

Week 2: July 27/29/30

Week 3: August 3/5/6

Week 4: August 10/12/13

TIMES

5pm-8pm

1.5 hours of ice per session (4.5 hours of ice per week / 18 total hours of ice time)

	Bantam	Midget
Week 1-	5pm-6:30pm	6:30pm-8pm
Week 2-	6:30pm-8pm	5pm-6:30pm
Week 3-	5pm-6:30pm	6:30pm-8pm
Week 4-	6:30pm-8pm	5pm-6:30pm

PLAYER BREAKDOWN

Maximum 30 players per age group
(20 forwards/10 defense/2 goalies)

PLAYER COST

\$299.25 including GST
(\$23.75 per ice session)

INCLUDED IN CAMP

- 1) OHL coaching- Chris Hajt & Dave Milek
- 2) CCM Paraphenerlia
- 3) Jersey-Sponsored/Donated by Andrew Long (Storm Alumni), DiLoreto and Long, Coldwell Banker Neuman Real Estate
- 4) Coach mentoring- practice prep, personal conduct (on and off ice), drill selection and emphasis, coach-player communication



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